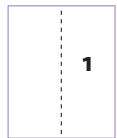


THE LONDONERS' GUIDE TO EAST LONDON

Thirty *Stylist* readers reveal their favourite places to go in the capital

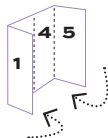


PART THREE OF OUR COLLECTABLE FOUR-WEEK SERIES



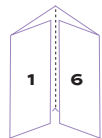
STEP ONE

PULL OUT GUIDE FROM CENTRE OF MAGAZINE



STEP TWO

FOLD PAGES INWARDS ALONG CREASES



STEP THREE

FOLD PAGES IN ON THEMSELVES

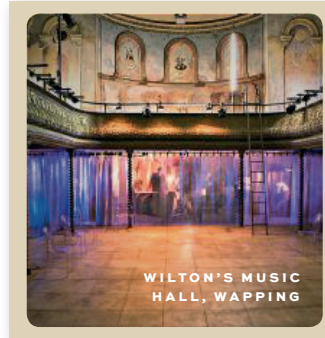


STEP FOUR

ENJOY THE THIRD OF OUR PULL-OUT GUIDES

TO DOWNLOAD COPIES OF THE STYLIST LONDON GUIDES VISIT STYLIST.CO.UK

FOLD ALONG DOTTED LINE



WILTON'S MUSIC HALL, WAPPING



Marianna Longmire, 33, journalist from Dalston

Wilton's is one of the oldest music

halls in the world and hosts plays, comedy shows, lectures and more. But it's their fabulous Mahogany Bar that my friends and I love – it has a fantastic atmosphere and a terrace for when it's hot.

1 Graces Alley, E1; wiltons.org.uk

RAVEN ROW GALLERY, SPITALFIELDS



Georgia Iacovou, 24, photographer from Wood Green

This Spitalfields gallery is small, out of the way and in one of the oldest parts of London. Not-for-profit, it's housed in a beautiful 18th-century building. 56 Artillery Lane, E1; ravenrow.org

FREE RANGE, BRICK LANE



Emily Whitesmith, 24, designer from Loughborough

A brilliant gallery space that does loads of different shows from fine art to architecture. Be warned: from the outside it looks like a car park. 91 Brick Lane, E1; free-range.org.uk



Culture



CAFEAND, SHOREDITCH



Neesha Gobin, 26, marketing coordinator from Epsom

A cafe filled with design magazines, paintings on the wall and a cool art crowd – you'll feel like you're in a minimalist, contemporary gallery but with great coffee and delicious greek-inspired food like watermelon pie. 77 Redchurch St, E2; cafeand.co.uk

FOLD ALONG DOTTED LINE

WHITECROSS STREET MARKET, MOORGATE

Lizzie Herring, 24, marketing executive from south London
This daily food market is epic, yet not a lot of people know about it. It's filled with quirky bakeries and amazing vegan street food, great for exploring on your lunch break. It's a chunk of London history too – there's been a market here since the 17th century, making it one of the city's oldest.
Whitecross St, EC1Y; whitecrossstreet.co.uk



TRADITIONAL BRITISH CAFF

ALBION, SHOREDITCH

ALBION, SHOREDITCH

Frankie Haynes, 25, actor from Blackheath
This is my go-to for classic 'caff' favourites, it's also a bakery and they do delicious sandwiches so big you'll probably have to share it with someone – the best by far is the rare beef and horseradish. There's also a shop selling British produce such as Maldon Sea Salt and HP sauce as well as fruit and veg. **2-4 Boundary Rd, E2; albioncaff.co.uk**

Eating

BOTTEGA PRELIBATO, SHOREDITCH

Sarah Lo, 24, campaign manager from Camden
The smell of truffle oil entices you into this Italian restaurant and deli. They specialise in homemade pasta; their gnocchi is to die for. Downstairs is a cute gallery.
45 Rivington St, EC2A; prelibato.com

BEIGEL BAKE, BETHNAL GREEN

Lucienne McCarthy, 25, singer and dancer from Bethnal Green
This 24-hour bagel shop is great after a night out. Have the salt beef with mustard, then buy some plain ones to take home for breakfast. **159 Brick Lane, E1; 020-7729 0616**

"I DO A GREAT DONUT IMPRESSION..."

BISTROTHERQUE, BETHNAL GREEN

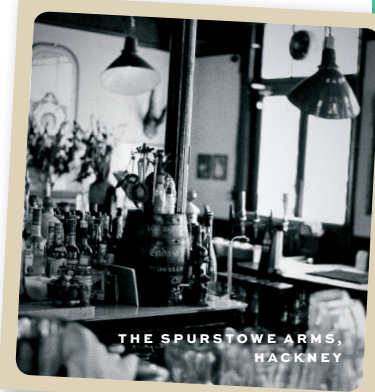
Kiri Witton 35, account manager from Hackney
This is one of my favourite restaurants for its fantastic, reasonably priced food, the beautiful Manchichi bar and the passionfruit caipirinhas. **23-27 Wadeson St, E2; bistrotherque.com**



BOTTEGA PRELIBATO, SHOREDITCH

THE SPURSTOWE ARMS, HACKNEY

Sigrid Joon, 29, salesperson from Hampstead Heath
This old-fashioned gastropub has simply the best atmosphere. It's quite traditional with friendly bar staff and a quaint little courtyard out the back. They have jugs of bloody mary on the bar, a good selection of beers and a massive wine list. **68 Greenwood Rd, E8; 020-7254 4316**



THE SPURSTOWE ARMS, HACKNEY

Drinking

THE BRIDGE, SHOREDITCH

Elaine Hsu, 26, business owner from Shoreditch
The coffee's excellent at this tiny cafe, famed for its gorgeous traditional interiors; all vintage tables and velvet sofas. The owners make you feel really welcome and it's so relaxing you'll end up staying here all afternoon. They do fabulous cakes too. **15 Kingsland Rd, E2; 020-3489 2216**

THE CLAPTON HART, CLAPTON

Emily Merritt, 31, personal assistant from Clapton
Only open for business since May, this 'new' pub on Lower Clapton Road – a revamp of the long-closed old White Hart boozer on the same spot – serves interesting beers from micro-breweries. Grubby but cool in a very Hoxton way, all distressed furniture and dark wooden floors! **231 Lower Clapton Rd London E5; claptonhart.com**



GOURMET PIZZA AND A COOL BAR

PIZZA EAST, SHOREDITCH

PIZZA EAST, SHOREDITCH

Tasha Olvog, 23, singer and dancer from Wimbledon
They do a great rockabilly night here in the Concrete bar underneath the restaurant. Everybody dresses up with pin-up hairstyles, lipstick and vanity boxes and there's a really eclectic mix of music from old to new. Plus you can nip upstairs for a pizza if you get peckish. **56 Shoreditch High St, E1; pizzaeast.com**

NEWHAM BOOKSHOP, STRATFORD

Anna-Marie Fitzgerald, 31, book publicist from Hackney
This is a great neighbourhood business which hosts must-see events with fantastic authors both in-store and in local venues. Why would you buy your books anywhere else? **745-747 Barking Rd, E13; newhambooks.co.uk**

WOOD STREET INDOOR MARKET, WALTHAMSTOW

Pamela Hutchinson, 33, journalist from Waltham Forest
This quirky market has gorgeous shops selling handmade and vintage clothes and homeware, plus shelves and shelves of books and records. I particularly like the Craft Guerrilla boutique. There's always cake too and the cafe does a nice fry up. **98-100 Wood St, E17; woodstreetmarket.com**

BORED LIBRARIANS LOVE PLAYING JENGA WITH BOOKS



A SWEET SHOP WITH REAL BITE

HOXTON STREET MONSTER SUPPLIES, SHOREDITCH

HOXTON STREET MONSTER SUPPLIES, HOXTON

Beth O'Connor, 31, marketing manager from Shepherd's Bush
This quirky little store does ghoulish confectionary like zombie mints and fudge with earwax plus the 'Salt Made From Tears' range. It's essentially a sweet shop but they also sell cookbooks and cartoony slogan T-shirts. **159 Hoxton St, N1; monstersupplies.org**

Shopping



PAPER DRESS VINTAGE, SHOREDITCH

PAPER DRESS VINTAGE, SHOREDITCH

Antonia Seroff, 24, gallery assistant from Camden
This gorgeous clothing boutique not only has its own coffee shop, it also hosts live music, film screenings and art events in the evenings. They have a little vintage hair salon tucked away inside too. I went there recently for a Brigitte Bardot-inspired 'do. **114-116 Curtain Rd, EC2A; paperdressvintage.co.uk**



BUY HOMEMADE PRESERVES

CHATSWORTH ROAD MARKET, HACKNEY

CHATSWORTH ROAD MARKET, HACKNEY

Gerli Liivamagi, 31, fashion designer and stylist from Clapton
This little market takes place every Sunday and has a little bit of everything from vintage clothes to Korean street food, designer sunglasses to homemade food. I especially love Creperie Du Monde, a French style shop on the same street which has the best lemon and sugar crepes I've ever tasted. **Chatsworth Rd, E5; chatsworthroade5.co.uk/market**

Outdoors

MUDCHUTE CITY FARM, ISLE OF DOGS

Anna Wade, 28, freelance PR from Brockley
This is really nice for a family day out. They have donkeys, farm animals and loads of green space slap bang in the heart of the city. There's also a zip wire and a cute cafe. **Pier St, E14; mudchute.org**

PUB ON THE PARK, LONDON FIELDS

Elle Holgate, 26, presenter, DJ and musician from Finsbury Park
On a sunny day, this place has a fantastic carnival feel to it. The beer garden is a great place to stop by for an early evening tippie after lazing about in the park and pottering around Broadway Market. They have DJs at the weekend and do great barbecues in the summer. They've even got an outdoor boules court too. **19 Martello St, E8; pubonthepark.com**

"FEAR ME AND MY TERRIFYING CUTENESS!"

ST LUKE'S CHURCH, OLD STREET

Christina Smith, 24, gallery assistant from Enfield
This church plays host to a band every Friday with live music supplied by The Barbican. It's free and you can just sit and listen to the music in its amazing surroundings. I've heard everything from brass bands to tenors here. **161 Old St, EC1V, 020-7490 3939**



PUB ON THE PARK, LONDON FIELDS

FOLD ALONG DOTTED LINE

FOLD ALONG DOTTED LINE

FOLD ALONG CREASE

FOLD ALONG CREASE

WORDS: AMY GRIER, LIZZIE POOK, JULIA MAILE, SEJAL KAPADIA PHOTOGRAPHY: CORBIS, GETTY IMAGES, THE GENTLE AUTHOR

FOLD ALONG DOTTED LINE

FOLD ALONG DOTTED LINE

JUNO, SHOREDITCH

Ruth Melbourne, jeweller and make-up artist, 29, Wembley Park

This Japanese-run bar hosts loads of late night events, but my favourite is the brilliant nu-soul night every Sunday called "We Got Soul". Head down there in the early evening to indulge in the wraps, calamari and prawns on offer while you watch the live band.

134-135 Shoreditch High St, E1; junoshoreditch.co.uk



After dark

EFES POOL HALL, DALSTON

Sophia Seroff, 23, denim assistant from Camden

You'll probably shudder in horror when you first look at the dingy entrance, but when you get in they're pumping out cheesy Nineties R&B and everyone's dancing. It's surprisingly cool and a really fun night out. **17B Stoke Newington Rd, N16; 020-7249 6040**

"WAITER! THERE'S A CHERRY IN MY DRINK!"

THE BIG CHILL, BRICK LANE

Kathryn Lowe, 22, singer and dancer from Chiswick

This is a really inclusive late-night bar where you can dress however you want and no-one will bat an eyelid. There are always familiar faces there and it's a great place to go and relax after I've been rehearsing all evening. The cocktails are amazing and they do loads of fresh juices too. **Dray Walk, E1; bigchill.net/bar**



THE ZETTER TOWNHOUSE, CLERKENWELL

A UNIQUE BOUTIQUE HOTEL

THE ZETTER TOWNHOUSE, CLERKENWELL

Susie Ward, 23, salesperson from Shoreditch
This quirky townhouse is hidden away behind sister establishment The Zetter Hotel. It has 13 bedrooms that are all uniquely themed – my favourite is room 11 which has a Buddha statue and an entirely gold bathroom. I also love the stuffed boxing kangaroo in the bar. **49-50 St John's Square, EC1V; thezettertownhouse.com**

FOLD ALONG DOTTED LINE



BEAUTIFULLY STYLISH FLORIST

4U FLOWERS, SPITALFIELDS

4U FLOWERS, SPITALFIELDS

Thalia Cassimatis, 36, education officer from Northwood
They're a florist and interiors shop; great for beautiful pieces for the home or even wedding table centrepieces. Everything looks handmade and they have lovely roses and orchids at really reasonable prices. **2 Market St, E1; 020-7539 9330**

Essentials

ALEV, LOWER CLAPTON

Emma Lungwisa De Wet, 25, writer from Finsbury Park
The woman who owns this dry cleaners is a bloody marvel when it comes to alterations. They're a tiny business, but always get everything stitch perfect. **77 Glyn Rd, E5; 020-8986 4644**

GARDNER'S, WHITECHAPEL

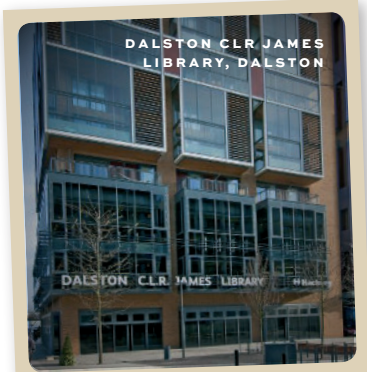
Karen Hsu, 29, designer from Brick Lane
This strange old family-run shop sells plastic and paper bags – cool for present-wrapping. Paul the owner is surrounded by mountains of bags but knows exactly where everything is. **149 Commercial St, E1; 020-7247 5119**



FOLD ALONG DOTTED LINE

DALSTON CLR JAMES LIBRARY, DALSTON

Rosie J Spinks, 22, journalist from Dalston
This library has huge windows, fast wifi and a silent floor which is ideal for me as a writer. **Dalston Square, E8; hackney.gov.uk/dalston-library**



RIA BEAUTY, DALSTON

Annabel Hodges, 30, SEO director from Haggerston
I'm almost reluctant to share this, but if you need waxing or threading this place is absolutely amazing. At £4.50 for eyebrows, it's four times cheaper than the brow bars in W1! **Unit 26, Kingsland Shopping Centre, E8; ria-beauty.co.uk**

NEXT WEEK'S GUIDE: WEST LONDON